



**CHESAPEAKE BAY FOUNDATION**  
*Saving a National Treasure*

Dear Parents/Guardians:

Your child will soon be participating in a Chesapeake Bay Foundation (CBF) Residential education program. CBF is a private, non-profit conservation organization dedicated to “Save the Bay” with watershed-wide programs in environmental education and resource protection. CBF’s environmental education program introduces participants to the wonders of the watershed and works to heighten sensitivity, increase knowledge, and empower citizens to take positive action toward the Bay's restoration.

CBF's educators take more than 30,000 students and teachers into the field annually. From one-day canoe and workboat experiences to week-long stays at one of our learning centers, the philosophy is the same: ***To care for the environment, you must love it. To love it, you must know it. To know it, you must experience it.***

During the field day, your child will be participating in a variety of outdoor activities – like pulling a trawl net for fish, marsh mucking, canoeing, and/or dredging for oysters – where they might get **WET** and **MUDDY**. Dressing appropriately and being prepared for an outdoor experience will help make this challenging day(s) rewarding and fun.



Please prepare your child for his or her field experience by:

- Reading the ***Participant Information*** to help determine what to wear, what to bring and expected behavior for their field experience.
- Complete and return the enclosed ***Health Form*** (or submit online [www.cbf.org/educationhealthform](http://www.cbf.org/educationhealthform) and return the confirmed printout) to the classroom teacher prior to your scheduled field date. **No one will be permitted to participate without a completed form.**
- If we have your permission to use photos taken of your child for CBF materials, please sign the ***Photo Release*** section at the bottom of the Health Form.

If you would like more information about this education program, please visit [www.cbf.org/programs](http://www.cbf.org/programs) .

Sincerely,


Chesapeake Bay Foundation  
Education Program Manager




## EDUCATION RESIDENTIAL PROGRAMS PARTICIPANT INFORMATION

*(what to wear & bring)*

APPROPRIATE CLOTHING FOR WEATHER CONDITIONS IS ESSENTIAL.  
ALL ACTIVITIES WILL TAKE PLACE OUTSIDE AND/OR ON THE WATER!

 On the Bay it can feel at least 10-15 degrees (F) cooler than on land. In cool weather, bring extra warm, layered clothing, a hat and gloves. You may remove layers if needed, but you'll be glad to have them!

 In warm weather, staying hydrated is key! Bring a water bottle you can refill and reuse all day.

### PACKING LIST

#### CLOTHES

Clothes for 3 days (pants, long and short sleeved shirts, sweatshirts, fleece)

One outfit for marsh mucking (long sleeve shirt, pants, and tennis shoes that will get REALLY muddy) and one bathing suit to wear when washing off

Closed-toed shoes for the boats/canoes

Rain Gear (EVEN IF RAIN IS NOT FORECASTED); ponchos are okay.

#### WARM WEATHER

Brimmed hat

Shorts

One pair of lightweight pants for the bugs

Lightweight long sleeve shirt for the bugs

#### GEAR

Sleeping bag, pillow

Water Bottle

Plastic bag to bring home wet/muddy clothing

Bandana to use as a napkin

Pen/pencil and journal

Flashlight

Sunglasses, sunscreen, lip balm

#### COLD WEATHER

Warm, hooded waterproof coat

Warm hat, gloves, scarf  
(wool & fleece are best)

Layers of clothing (for warmth)

Warm, waterproof footwear

Quick drying underlayers

#### OPTIONAL

T-shirt for fish printing

Flip flops for inside the buildings

Camera

#### TOILETRIES

Toothbrush/toothpaste

Old towel for after marsh mucking

Washcloth

**MUDDY CLOTHES CANNOT BE DISCARDED AT THE CENTER!**



## EDUCATION RESIDENTIAL PROGRAMS PARTICIPANT INFORMATION (*education program policies*)

### **CERTIFICATIONS, LICENSES, INSURANCE and INSPECTIONS:**

- √ All CBF educators are certified in Wilderness First Responder and CPR lifesaving methods annually.
- √ All boat captains are licensed by the United States Coast Guard to operate a power boat.
- √ CBF carries liability insurance for any occurrence on land and water.
- √ All CBF vessels are inspected annually by the U.S. Coast Guard to be seaworthy.

### **CANCELLATIONS DUE TO WEATHER:**

CBF field experiences will be canceled in the case of *severe* weather (extreme heat/cold, lightning, or high winds). Chesapeake Bay Foundation program staff will contact teachers or group leaders in case of a cancellation due to severe weather.

### **CBF EDUCATION PROGRAM REGULATIONS:**

1. No MP3/CD players, video games, etc. Use of cell phone for cameras or educational programming is up to the discretion of CBF staff.
2. Non-skid, closed toe shoes must be worn at all times.
3. No smoking, alcoholic beverages, or illegal drugs allowed.
4. No pets.
5. No guests (infant, child or adult).
6. No horseplay or racing.
7. Chesapeake Bay Foundation is not responsible for lost, damaged, or stolen valuables.

### **BOAT SAFETY:**

1. All minor participants must wear life jackets at all times, including while getting on and off boats.
2. While on boats, all participants must obey the captain.
3. Get on and off the boat one at a time, per the captains' instruction.
4. Keep hands and feet inside the boat at all times, especially while the boat is leaving or coming into the dock.

### **RESIDENTIAL FACILITIES:**

1. Do not walk on any other dock other than the Chesapeake Bay Foundation's dock unless accompanied by a chaperone. Use a buddy system when walking around the island during free time.
2. Do not ride on motorbikes or cars or golf carts.
3. House phone is for STAFF ONLY. No unauthorized use. No public telephone is available.
4. No food allowed in dorm rooms.
5. All biological specimens must remain in the lab.
6. All relics of historical value will remain at the facility.
7. Do not enter any bedroom other than your own, unless instructed by staff.
8. Participants are responsible for any damage done to the facility. All damages will be reported to school authorities or the sponsoring organization for proper disciplinary action and monetary reimbursement.

**CBF EDUCATORS HAVE THE RIGHT AND RESPONSIBILITY TO CANCEL A FIELD PROGRAM  
IN PROGRESS IF UNSAFE ACTIVITY BY PARTICIPANTS WARRANTS IT!**